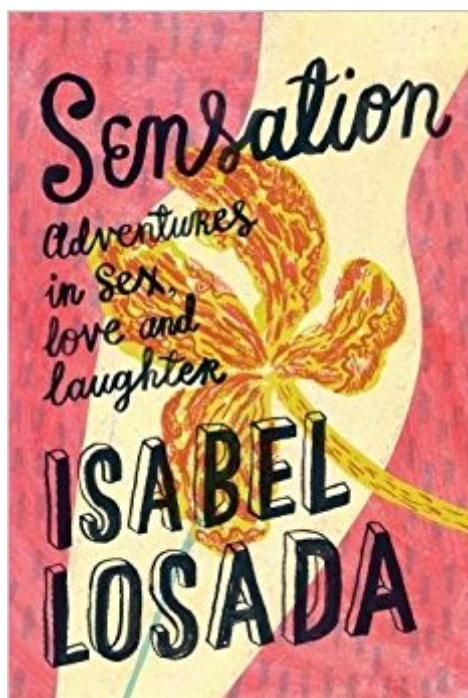


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Sensation: Adventures In Sex, Love & Laughter



Synopsis

Bestselling author Isabel Losada brings her unique blend of humour, curiosity and honesty to the still-taboo subject of sexuality. This is a brave, funny and often vulnerable quest to find out how we can make our sex life blissful. On behalf of all women, slightly terrified, she begins with a woman's workshop where she has to get naked. From here, Isabel journeys through the first international conference of clitoral stroking, is informed of eleven different forms of orgasm - ten of which she hasn't had, endures NHS Kegal exercises and mystical sensations with tantric masters. Irreverent yet open-minded, "Sensation" is both moving and challenging. For anyone who has ever been tempted to dip their toes in the deep waters of sexual exploration, Isabel Losada plunges you straight in.

Book Information

Paperback: 276 pages

Publisher: Watkins Publishing (September 19, 2017)

Language: English

ISBN-10: 1786780933

ISBN-13: 978-1786780935

Product Dimensions: 5.1 x 1 x 7.8 inches

Shipping Weight: 13 ounces (View shipping rates and policies)

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Customer Reviews

Isabel is the bestselling author of five previous books including "A Battersea Park Road to Enlightenment," which has sold over 100,000 copies in the UK. Isabel has worked as an actress, singer, dancer, researcher, TV producer, broadcaster, public speaker, comedian and author. She remains firmly committed to narrative non-fiction and swimming against the tide.

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